

STRIDE FOR HOPE



FREQUENTLY ASKED QUESTIONS

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GENERAL FAQ'S & REGISTRATION

HOW MUCH DOES IT COST TO PARTICIPATE IN THE RUN/WALK?

The price varies based on date registered. All registered participants will receive a Run/Walk shirt and participant medal.

PPRICING BREAKDOWN			
REGISTRATION	APRIL 3 – JULY 31	AUGUST 1 – SEPTEMBER 19	SEPTEMBER 20
Adults (15 and older)	\$44.79	\$50.14	\$55.14
Kids (14 and under)	\$34.09	\$39.44	\$44.79

**All pricing includes processing fees*

WHO CAN PARTICIPATE?

We highly encourage everyone of all ages and abilities to participate in the Run/Walk. There are no restrictions on who can register and Donor Network West Foundation invites all to join us for this in-person celebration.

DO I HAVE TO BE ON A TEAM TO PARTICIPATE?

No! You can participate as an individual and even create your own personal fundraiser on our site. You can also invite your family and friends to contribute to your personal fundraiser and support from near or far.

CAN I REGISTER FOR THE RUN/WALK ON THE DAY OF THE EVENT?

Yes. There will be on-site registration, but we cannot guarantee you will receive a race kit, which includes a t-shirt, medal, etc. While supplies last, day-of registrants will be able to receive these items. We invite you to still join us in running or walking the 5K.

IS THERE A MINIMUM AGE FOR THE 5K?

There is no minimum age to participate in the 5K. Anyone and everyone can participate. Children in strollers are also welcome to join in! There's even a Kids Dash before the 5k begins!

WHAT DO I GET WITH MY REGISTRATION FEE?

Besides supporting a life-saving cause, you will receive a Run/Walk t-shirt, medal and access to our Health & Wellness Expo as well as our Fun Zone full of fun things to do for children of all ages.

CAN I BRING MY DOG?

While we love our furry friends, we must respectfully ask you to leave your pets at home out of respect for the other runners and walkers on the course. There is an exception for service animals.

CAN I RIDE MY BIKE, ROLLERBLADES, OR SKATEBOARD?

For safety reasons, bikes, rollerblades, and skateboard are not allowed at this event. Strollers are allowed, but we ask that you begin the race at the back for safety reasons. We apologize for any inconvenience.

FAQ FOR TEAMS

HOW DO I CREATE A TEAM?

Creating a team is easy! Simply register and select 'Create my own team'. You will automatically become the Team Captain and will have the ability to edit your team page by logging into your Race Roster account after registration. Reach out to foundation@dnwest.org if you should run into any issues.

WHAT IS THE ROLE OF A TEAM CAPTAIN?

As a Team Captain, you are encouraged to recruit people to join your team, help your teammates fundraise, keep your team motivated, and, of course, have fun! There are many tools for you to easily send emails and share links to your social media pages to get others involved.

IS THERE A REQUIREMENT FOR TEAM SIZE?

A team can be as large (or small) as you choose. Just like organ donation, just one person has the ability to be a powerful force for change for many. Small teams can also make the biggest difference.

CAN I MAKE MY OWN TEAM SHIRT FOR THE RUN/WALK?

Yes! We encourage every team to make a team shirt or dress up in a theme to show their team spirit! You can create your own team shirts and wear them the day of the event. If you have an extra team shirt, please bring one to hang on a clothesline in Family Field.

FUNDRAISING

WHERE DO THE FUNDS I RAISE GO?

Donor Network West Foundation was created in 2023 to amplify the work of Donor Network West, the federally designated nonprofit 501(c)3 and Organ Procurement Organization (OPO) established in 1987 with headquarters in northern California and northern Nevada.

Our mission is to support donor families and transplant recipients, to fund clinical innovation and research, and to educate our communities about the power of organ and tissue donation.

HOW DO I START FUNDRAISING FOR THE RUN/WALK?

Fundraising is easy! To begin, register for the Run/Walk as an individual or join a team. Once registered, you can log into your Race Roster account and personalize your fundraising page. Add a photo and a personal story as to why you are participating in the Donate Life Run/Walk. Once you have personalized your page, send invite emails to your friends and family and use the social media tools to spread the word!

HOW CAN MY COMPANY PARTICIPATE OR SPONSOR THE EVENT?

Yes, we are always looking for all types of companies and businesses to participate and are counting on their help to educate the public about organ and tissue donation! Companies can participate in many ways including becoming a Run/Walk sponsor, forming a team or by making an in-kind donation.

We are open to hearing any ideas or suggestions for partnerships or sponsorships. For inquiries about getting your company or organization involved, please contact us at foundation@dnwest.org.

DAY OF THE RACE

WHAT DO I NEED TO BRING WITH ME TO PICK UP MY RACE KIT?

You will need to show or print out your confirmation email. Anyone under the age of 18 is not required to show ID as long they have the confirmation email.

We will have scheduled day for Packet Pick Up before event day. Email notification will be sent providing details. Can't make Packet Pick Up, no worries you still can pick up your race kit on event day!

CAN SOMEONE ELSE PICK UP MY RACE KIT FOR ME?

Yes. Someone else can pick up your packet for you. That person will need a printed copy of your confirmation email in order to pick it up. That person will be required to sign an additional waiver on your behalf.

WHAT IF IT RAINS ON THE DAY OF THE RUN/WALK?

The event will take place rain or shine! We do not offer refunds in the event of inclement weather.